

# Dr. Richard D. Stutzke



**Richard D. Stutzke, Ph.D.** was Vice-President, Science Applications International Corp. (SAIC), and has more than 40 years experience with software development and project management in the military and industry, including scientific, embedded real-time, and commercial systems. He has authored over fifty papers and articles on software estimation and management, and the book “Estimating Software-Intensive Systems: Projects, Products, and Processes” published by Addison-Wesley in 2005.

# Extracting Strategic Value from CMMI

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# Background

- Many organizations have implemented the Capability Maturity Model Integrated (CMMI)
- Although they have achieved their desired maturity level and improvement goals, some organizations have seen little or no financial benefits

*What are the underlying principles of CMMI as they relate to productivity, predictability, and speed?*

*What is the return on investment?*

*What are the timelines for realizing these benefits?*

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# Agenda

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- **How Do Mature Processes Help?**
- **Knox Cost of Quality model**
- **Industry ROI data for CMMI**
- **Why ROI data doesn't always help**
- **Extracting strategic value from CMMI**

# Projects Have Historically Suffered from Mistakes

## People-Related Mistakes

1. Undermined motivation
2. Weak personnel
3. Uncontrolled problem employees
4. Heroics
5. Adding people to a late project
6. Noisy, crowded offices
7. Friction between developers and customers
8. Unrealistic expectations
9. Lack of effective project sponsorship
10. Lack of stakeholder buy-in
11. Lack of user input
12. Politics placed over substance
13. Wishful thinking

## Process-Related Mistakes

14. Overly optimistic schedules
15. Insufficient Risk Management
16. Contractor failure Insufficient planning
17. Abandonment of planning under pressure
18. Wasted time during the fuzzy front end
19. Shortchanged upstream activities
20. Inadequate design
21. Shortchanged quality assurance
22. Insufficient management controls
23. Premature or too frequent convergence
25. Omitting necessary tasks from estimates
26. Planning to catch up later
27. Code-like-hell programming

## Product-Related Mistakes

28. Requirements gold-plating
29. Feature creep
30. Developer gold-plating
31. Push me, pull me negotiation
32. Research-oriented development

## Technology-Related Mistakes

33. Silver-bullet syndrome
34. Overestimated savings from new tools or methods
35. Switching tools in the middle of a project
36. Lack of automated source-code control

- Standish Group, 2003  
survey of 13,000 projects
- 34% successes
  - 15% failures
  - 51% overruns

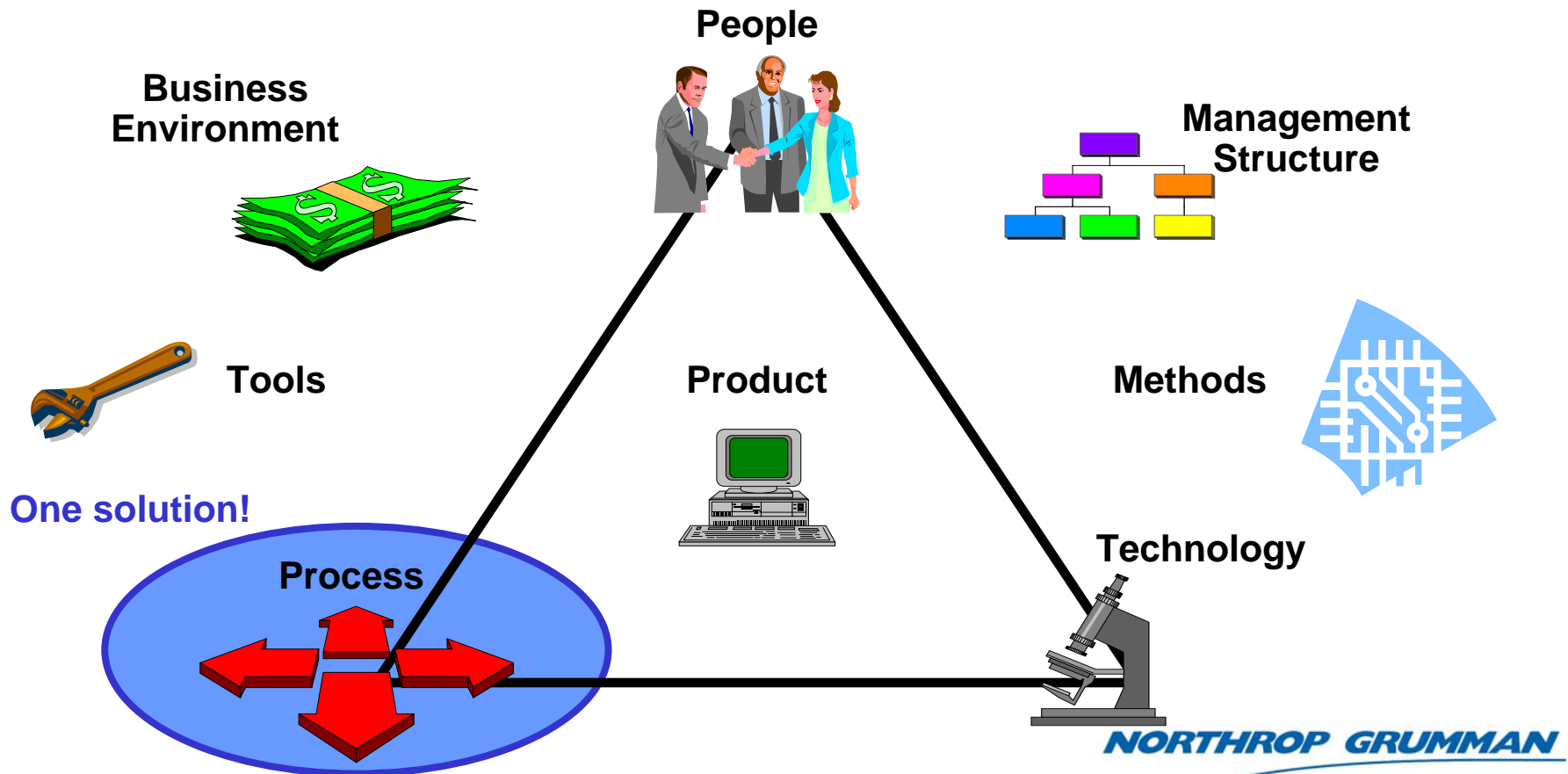
Reference: Steve McConnell, *Rapid Development*

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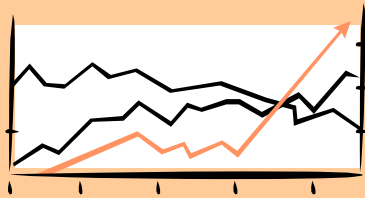
# Many Approaches to Solving the Problem

- Which weaknesses are causing my problems?
- Which strengths may mitigate my problems?
- Which improvement investments offer the best return?



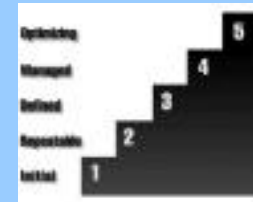
# Approaches to Process Improvement

## Data-Driven (e.g., Six Sigma, Lean)



- **Clarify what your customer wants (Voice of Customer)**
  - Critical to Quality (CTQs)
- **Determine what your processes can do (Voice of Process)**
  - Statistical Process Control
- **Identify and prioritize improvement opportunities**
  - Causal analysis of data
- **Determine where your customers/competitors are going (Voice of Business)**
  - Design for Six Sigma

## Model-Driven (e.g., CMM, CMMI)



- **Determine the industry best practice**
  - Benchmarking, models
- **Compare your current practices to the model**
  - Appraisal, education
- **Identify and prioritize improvement opportunities**
  - Implementation
  - Institutionalization
- **Look for ways to optimize the processes**



# How Do Mature Processes Help?

- **Process maturity gets at one source of the problem, e.g.,**
  - Are we using proven industry practices?
  - Does the staff have the resources needed to execute the process?
  - Is the organization providing effective project support?
- **The main benefits typically seen are:**
  - Improved predictability of project budgets and schedules
  - Improved management awareness of problems
  - Reduced re-work, which improves predictability, cost, and schedule

## J. Herbsleb and D. Zubrow, “Software Process Improvement: An Analysis of Assessment Data and Outcomes”

- 13 organizations
- ROI of 4:1 to 9:1
- Improved quality, error rates, time to market, productivity

## R. Dion, “Process Improvement and the Corporate Balance Sheet”

- ROI of 7.7:1: Reduced re-work, improved quality
- Two-fold increase in productivity



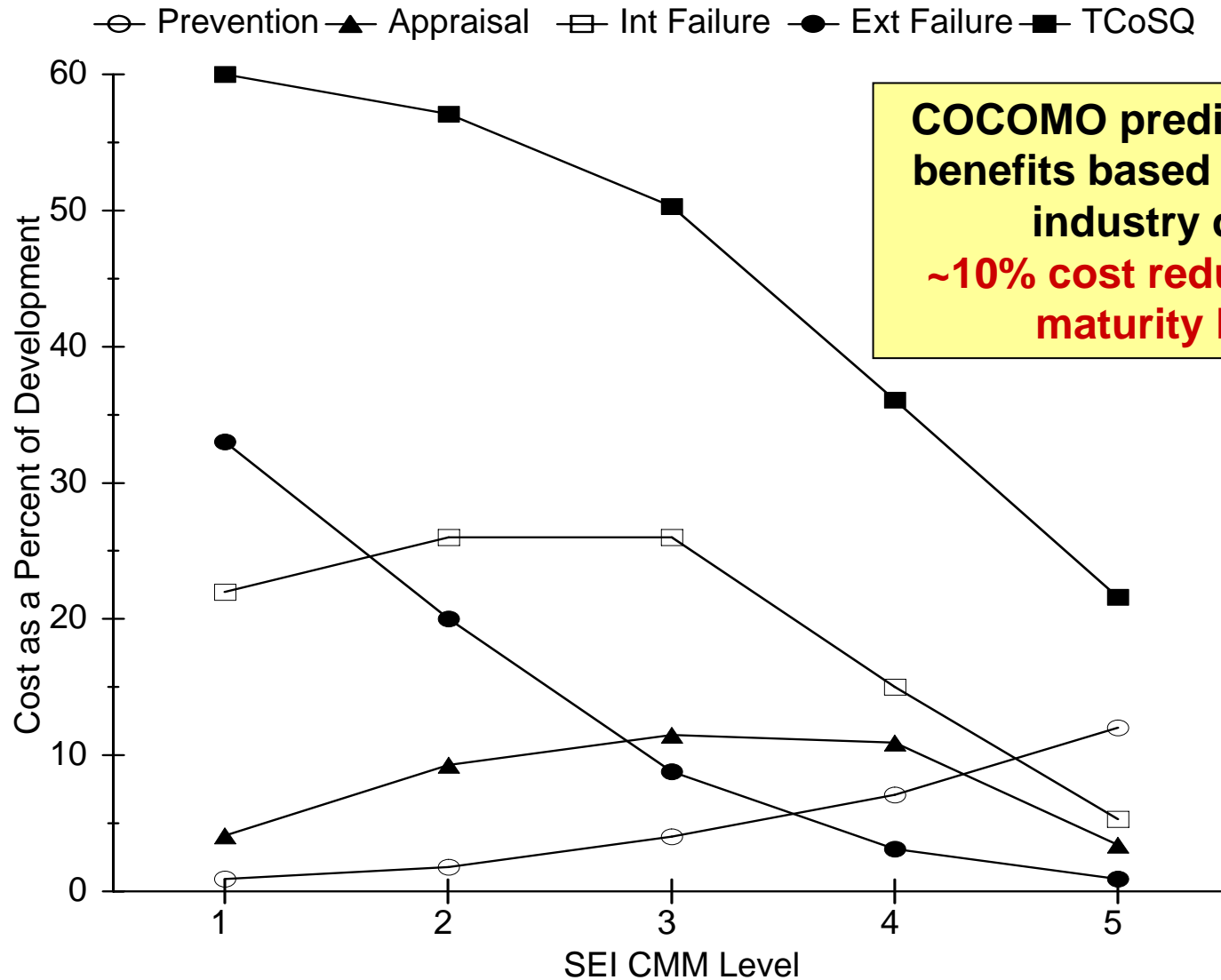
# The Knox Cost of Quality Model

- Extension of the Cost of Quality model used in manufacturing

Cost	Category	Definition	Typical Costs for Software
Conformance	Appraisal	Discovering the condition of the product	Testing and associated activities, product quality audits
	Prevention	Efforts to ensure product quality	SQA administration, inspections, process improvements, metrics collection and analysis
Non-conformance	Internal failures	Quality failures detected prior to product shipment	Defect management, rework, retesting
	External failures	Quality failures detected after product shipment	Technical support, complaint investigation, defect notification

*"Knox's Theoretical Model for Cost of Software Quality," Digital Technical Journal, vol.5, No. 4., Fall 1993, Stephen T. Knox.*

# Knox Model – Theoretical Benefits



**COCOMO predicts similar benefits based on current industry data:**  
**~10% cost reduction per maturity level**

# Benefits

**Concepts and Benefits of CMMI<sup>®</sup>**

The Web page links to information about the CMMI concept and how you can benefit from CMMI-based process improvement.

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**CMMI<sup>®</sup> Performance Results**

[Objective and Scope](#) | [Results](#) | [Providing Results](#)

There is a widespread demand for credible, quantitative evidence about the results of process improvement based on CMMI models. The results presented here are from publicly available conference presentations, published papers, and individual collaborations with the SEI.

Together, these results provide proof of concept about the potential of CMMI-based process improvement. The results show that CMMI often leads to very impressive improvements in product quality, project performance, and organizational performance; however, the individual results presented here may not be repeatable in every organization.

**Results (reported as of December 15, 2005)**

You can view examples of CMMI performance results [by organization](#) or [by performance category](#).

The following table contains a summary of the performance results:

Performance Category	Median	Number of Data Points	Low	High
Cost	20%	21	3%	87%
Schedule	37%	19	2%	90%
Productivity	62%	17	9%	255%
Quality	50%	20	7%	132%
Customer Satisfaction	14%	6	-4%	55%
Return on Investment	4.7 : 1	16	2 : 1	27.7 : 1

This table summarizes quantitative information from 25 organizations that have reported results that can be expressed as performance changes over time. Additional qualitative results from 5 other organizations are available when you view examples by organization or performance category.

- Numerous studies have been published on the benefits of CMMI
- *Performance Results of CMMI-Based Process Improvement (CMU/SEI-2006-TR-004)*
- CMMI Performance Results website:  
<http://www.sei.cmu.edu/cmmi/results.html>.



# Typical CMMI Benefits Cited in Literature

- **Reduced Costs**
  - 33% decrease in the average cost to fix a defect (Boeing)
  - 20% reduction in unit software costs (Lockheed Martin)
  - Reduced cost of poor quality from over 45 percent to under 30 percent over a three year period (Siemens)
  - 10% decrease in overall cost per maturity level (Northrop Grumman)
- **Faster Schedules**
  - 50% reduction in release turnaround time (Boeing)
  - 60% reduction in re-work following test (Boeing)
  - Increase from 50% to 95% the number of milestones met (General Motors)
- **Greater Productivity**
  - 25-30% increase in productivity within 3 years (Lockheed Martin, Harris, Siemens)
- **Higher Quality**
  - 50% reduction of software defects (Lockheed Martin)
- **Customer Satisfaction**
  - 55% increase in award fees (Lockheed Martin)

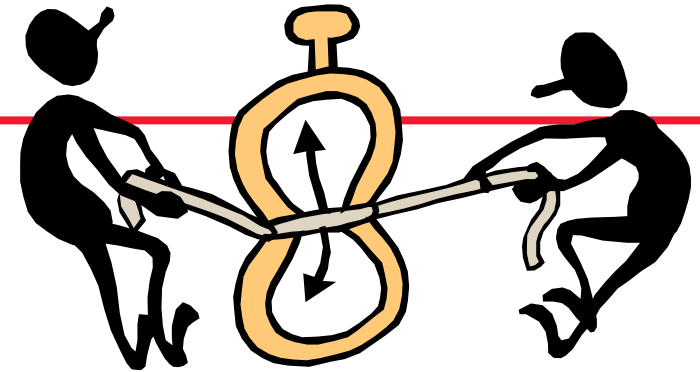
# Why Do We Need ROI Data?



- **Management wants to invest overhead resources wisely**
  - Similar investment decisions are often based on “gut feel”, not hard data – does anything else seem more likely to yield results?
  - Investment decisions may be more driven by balance of short-term performance tactics and long-term marketing strategy
  - The key question is whether you could make similar progress with less resources (or more/faster progress with the same resources doing something else)
- **Projects want to justify the investment to their customers**
  - Difficult to convince process skeptics
  - People view the problem from their own experiences and skills

*Beware of ROI as a smokescreen for process skepticism*

# Establishing ROI



- **It is difficult to quantify the value of an improvement initiative**
- **How do you measure the change?**
  - Multiple levels – organizational, management, engineering, support
  - Multiple causes – awareness, knowledge, infrastructure
  - Short-term vs. long-term – Hawthorne effect
- **How do you measure the investment?**
  - What would we have done instead?
- **How do you determine the value of the measured change?**
  - Increased predictability – what's the value?
  - Increased productivity – who gets the benefit?
  - Better competitive position – how measured?
  - Time-frame

See also: S. Sheard and C.L. Miller , "The Shangri-La of ROI,"  
Software Productivity Consortium, 2000



# Where the Problem Sometimes Arises

- Some organizations are driven to achieve a maturity level only for its marketing value

Improvement goals are not set realistically (“Level 5 in ’05”)

No one takes the improvement effort seriously

Only some of the projects participate in the improvement effort

Personnel perceive CMMI as more expensive

Only some of the projects get appraised

Others don’t implement; perceived as “done for show”

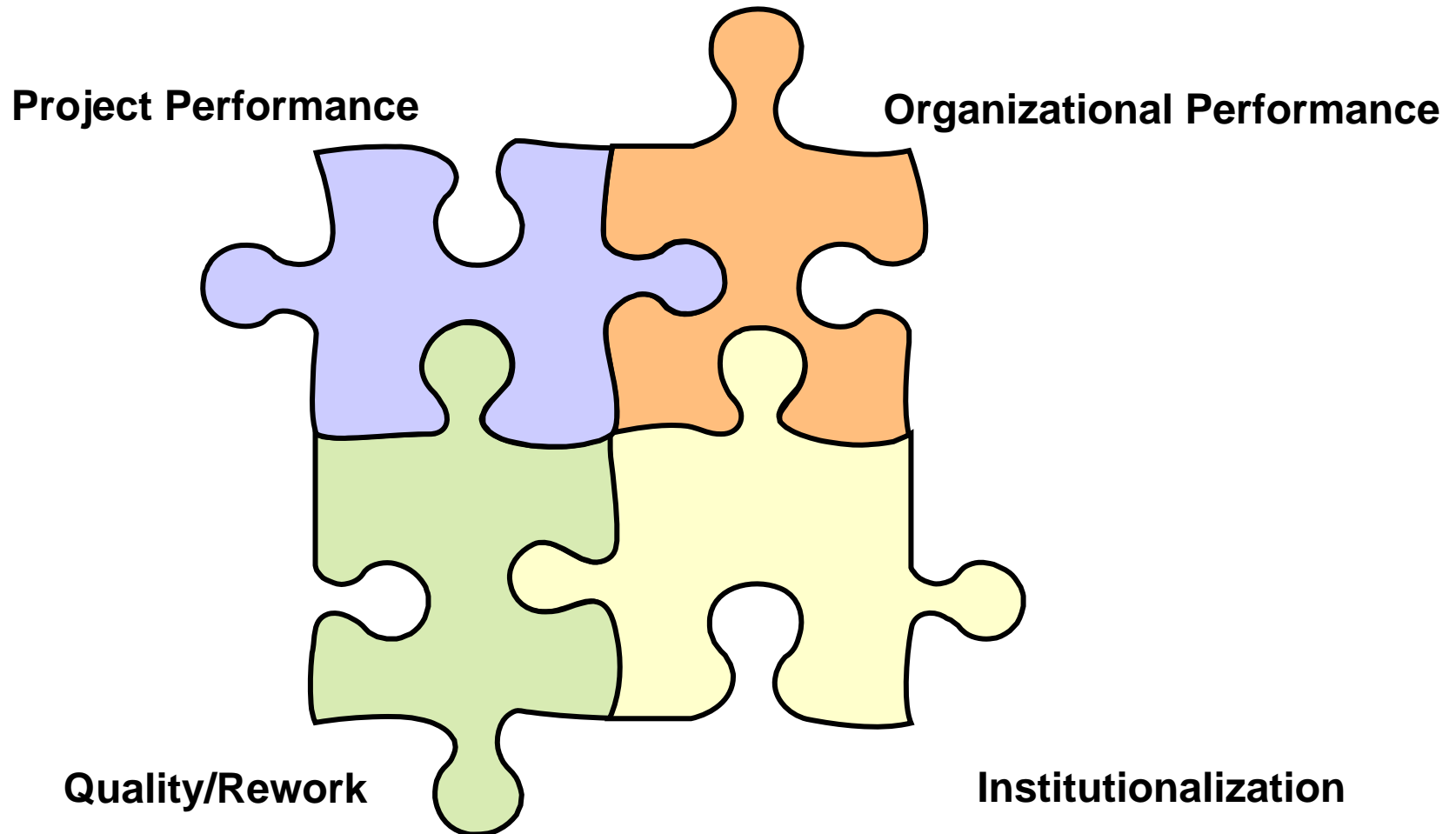
Insufficient resources (e.g., training, QA, metrics, consultants)

People don’t learn the new behaviors or become proficient

Management doesn’t enforce the process

Perceived as “done for show”; benefits are not realized

# Extracting Strategic Value from CMMI



# Project Performance

## CMMI

- **Project performance problems often arise because of incomplete or unrealistic planning**
  - Forgotten activities
  - Unconscious decisions
  - Overly-optimistic estimates
- **When cost/schedule pressure arises, people abandon the plans, leading to more problems**
  - Individual judgment versus best use of resources

- **Identifies the elements of good planning**
  - Proven engineering processes
  - Estimates based on historical data, using these processes
- **When cost/schedule pressure arises, CMMI practices track and correct**
  - Reactive (L2)
  - Proactive, risk management (L3)
  - Quantitative management (L4)
- **QA, management ensures processes/plans are followed**



- ***Train project managers on how to use the tools (estimation, earned value, risk management)***
- ***Project managers (not organizational staff) must be responsible for implementing the improved processes***
- ***Demand realistic, data-driven estimates***

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# Organizational Performance

- **Each project's processes are unique**
  - Personnel must re-learn with each project
  - Difficulty moving people from project to project
  - Historical data of little use in estimation
- **No way to compare project-to-project**
  - Which process was best?
  - What did we learn?

## CMMI

- **Standard organizational process, tailored to fit each project**
  - Can be documented, trained, supported by templates
  - Over time, people learn the process
- **Common processes/measures allow better use of historical data**
  - Calibrate cost estimation models
  - Project to project comparisons
  - Over time, the organization can optimize the process



- ***Develop an organizational process(es) which fits the full range of your projects (small/large, all life cycles and project types)***
- ***Capture and use historical data (measurement repository)***
- ***Capture and share project documents (process asset library)***

# Rework/Quality

- Focus on “faster and cheaper” leads to skipping of essential steps
  - Key steps are not obvious, often counter intuitive
- Fixing latent defects often accounts for 30-40% of project cost
  - The cost of defects (rework) is seldom measured

## CMMI

- A disciplined engineering and management process
  - Do it right the first time
  - CMMI identifies the essential steps
- Peer reviews find defects early, where it is cost effective to fix them
  - Requirements, designs, code, plans, etc.
  - Often more efficient and effective than testing
  - Many types (Fagan inspections, walkthroughs, desk checks, etc.)



- *Focus on eliminating defects, not on faster and cheaper*
- *Measure the cost of finding and fixing defects*
- *Invest time in learning different methods of peer review and when each is effective*

# Institutionalization

## CMMI

- **Some improvement efforts focus on quick fixes**
  - Driven by yearly budget cycles
  - Expectation that results will be immediate
- **It is tempting to reduce overhead to reduce cost**
  - Training
  - Staff support to projects
  - Use of outside process experts

- **Short-term investment for long-term gain**
  - Initial investment in the cost of change, learning curve, new overhead structures
  - Long-term benefits in increased productivity
- **Organizational infrastructure exists to support the policies and process**
  - Measurement repositories



- ***Expect 18-24 months before benefits begin to be realized***
- ***Senior management must demand that everyone follow the new processes***
- ***QA can be the organization's strongest tool – if they are focused!***

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# Lessons Learned

- **Process improvement means changing the process**
  - More important to learn the new behaviors than to “go through the motions”
- **Resistance often comes from fear of failure**
  - Walk the talk -- management at all levels must communicate the need for continuous improvement
  - Focus on learning from your mistakes and getting better
  - Training and assistance helps people in trying new processes
- **Six Sigma is a strong enabler for process improvement**
  - Focus on data, measurement systems, process improvement
  - Tying improvements to business goals
  - Allows the projects and organization to optimize the CMMI practices for maximum customer benefit